



COUNTY OF LOS ANGELES DEPARTMENT OF HUMAN RESOURCES

HEADQUARTERS
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MICHAEL J. HENRY
DIRECTOR OF PERSONNEL

July 30, 2008

To: Each Department Head

From: Michael J. Henry
Director of Personnel

Subject: **WELLNESS FAIR – WEDNESDAY, AUGUST 20, 2008,
DEPARTMENT OF PUBLIC WORKS**

A Wellness Fair will be held on **Wednesday, August 20, 2008, between the hours of 10:00 a.m. and 3:00 p.m., at the Department of Public Works, located at 900 South Fremont Ave., Alhambra, CA 90242.** Wellness Fairs are sponsored by the joint labor-management Advisory Committee on Productivity Enhancement and promote health awareness and well-being. A flyer announcing the Event is attached.

Wellness Fairs provide free health screenings for diabetes, blood pressure, body composition, skin conditions, oral health, and vision, as well as evaluations for ergonomics and grip strength. Massage therapy will also be available. County-sponsored and County-approved medical and dental carriers including Anthem Blue Cross, Blue Shield, CIGNA, Kaiser Permanente, PacifiCare, Delta Dental, and SafeGuard will participate, demonstrating their ongoing commitment to healthier lifestyles for County employees.

We encourage all departments with offices in the area to allow employees to attend during work hours. Wellness Fairs support the County's Strategic Plan Goal #2, Workforce Excellence, by creating a positive work environment and encouraging employee well-being.

MJH:STS
MLH:DZF:sl

Attachment

c: Each Supervisor
Chief Executive Officer
Deputy Chief Executive Officers
Departmental Human Resources Managers
Wellness Managers

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WELLNESS FAIR

OPEN TO ALL L.A. COUNTY EMPLOYEES

Wednesday, August 20, 2008

10:00 a.m. – 3:00 p.m.

at the

Department of Public Works

900 South Fremont Ave.

Alhambra, CA 91803

Patio

FREE HEALTH SCREENINGS:

BLOOD PRESSURE * BODY COMPOSITION * DERMASCAN * DIABETES
VISION * GRIP TESTING * MASSAGE THERAPY * ERGONOMICS
AND MUCH MORE!



10 Door Prize Drawings Held Hourly!

For more information contact your Department Wellness Manager
or

Jose Arellano/DHR (213) 738-2242 * Theresa Lopez/ALADS (818) 678-0091
Harold Sterker/SEIU Local 721 (213) 639-6425 * Shawn Millner/CAPE (213) 484-0400

Sponsored by:
The joint labor-management Advisory Committee on Productivity Enhancement